

Friday the 6th of November 2026

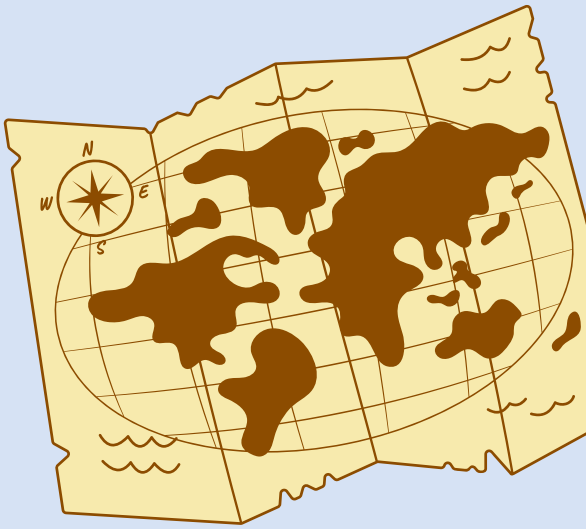
E-News

Lakenham Primary School

Enjoy, Aspire, Achieve

Assembly

In this week's assembly, we learned about British adventurer Karl Bushby, who has finally returned to the UK after spending almost 28 years travelling around the world on an extraordinary journey home. His incredible determination and resilience inspired us to think about the experiences, challenges and lessons we encounter along the way. We reflected on the question: Is the journey more important than the destination? Children shared thoughtful ideas about personal growth, perseverance and the importance of enjoying the process of working towards our goals.



Royal Academy Science Show



The Royal Institute for Science are coming into school on 24th November. As part of their visit, they are kindly offering a FREE family science show, after school on Tuesday 24th November. The show starts at 5pm and lasts approximately 45 minutes. We currently have around 70 spaces available and parents/relatives are welcome to come along also.

Please email office@lakenhamprimary.org.uk if you would like to reserve a space. Please note that spaces will be offered on a first come, first served basis.

Club Collection – Important Info

During the winter months, **children attending after-school clubs will not be permitted to walk home alone** due to reduced daylight at the end of the day. All children must be collected from the club by a parent/carer or another previously authorised adult at the end of their club session. This arrangement began this week and will remain in place until after the February half-term break. Thank you for your understanding and support in helping us keep children safe.

Join us at Lakenham Primary School for

Wreath Making

Hosted by Mrs Williams

Friday 11th December

Session 1: 1.30-3pm

Session 2: 4-5.30pm



Limited spaces!

Register by
Friday 27th November

Payments to:
Friends of Lakenham
Sort Code: 30-99-50
Account Number: 66816562

Refreshments provided by Friends Of Lakenham

email **fol@lakenhamprimary.org.uk** to book

Junior Leadership Team

Eco Council

This week, we grouped together to discuss our findings from our first Eco Mission with the focus on waste and recycling. Children shared how responsibility was spread across their classes in the form of different roles such as 'lighting technician'. Children explained how they use their bins in class and we used some time sort different types of waste into various categories. Children informed me of water and paper is used in class and if things such as lights and tech were being swtiched off when the classrooms are empty. We noticed that the school heating is now on and moving forward before our next meeting, we will be monitoring our classroom environments with new thermometers and data collection sheets as part of our next Eco Mission! I am looking forward to hearing all about their findings when we next meet on Tuesday 1st December AM.





School Council

Our latest School Council meeting was full of excitement—and we even had a surprise interruption when the fire alarm went off!

We counted the most popular votes from each class for this year's Fundraising. The winning ideas were swings and hula hoops, building blocks, and spinny seats!

These exciting options will go to a school-wide vote during Parliament Week. We also talked about what Parliament Week will involve and how everyone can help get ready.

We can't wait to welcome a special visitor to our next School Council meeting!

Wraparound Care

During this first week of term, the children at Breakfast and After School Club have been busy creating colourful “fireworks in the sky” artwork for Bonfire Night.
We have also enjoyed making playdough from scratch, giving the children a chance to have fun, get creative and unwind together.
It has been a lovely, creative start to the term!



Christmas Letters

We have some very special news... Father Christmas has agreed to receive letters from the children at our school this year! If your child would like to send him a letter, they can pick up a special Christmas Post letter template from the school office.

Simply return the completed letter to school, and our very reliable North Pole delivery service will make sure it reaches Father Christmas in time. Even more excitingly, every child who sends a letter will receive a reply!

Don't delay though, Father Christmas is a very busy man at this time of year so all letters will need to be back to the office by Friday the 11th of December.



Headlice

We have recently had a number of cases of head lice reported in school.
Please check your child's hair regularly and begin treatment straight away if you find any live lice.
Prompt treatment is important to help prevent head lice spreading to other children.
Long hair should be tied back where possible, as this can help reduce the spread of head lice.
Regular wet-combing with a fine-toothed nit comb is one of the most effective ways to remove lice and eggs. Please continue checking hair carefully after treatment to make sure the infestation has cleared completely.
Children do not need to stay off school because of head lice, but we appreciate your support in checking and treating promptly.

PE

Autumn is well and truly here. The temperature may have dropped but the enthusiasm, energy and excitement for sport, exercise and the importance of movement certainly hasn't so with coats hung up in the fence the children wasted no time getting stuck in a new term, a new week and new sports to learn! This term we will be focusing on Basketball, gymnastics, hockey, invasion games, personal challenges and teamwork. A wonderful start and long may it continue!









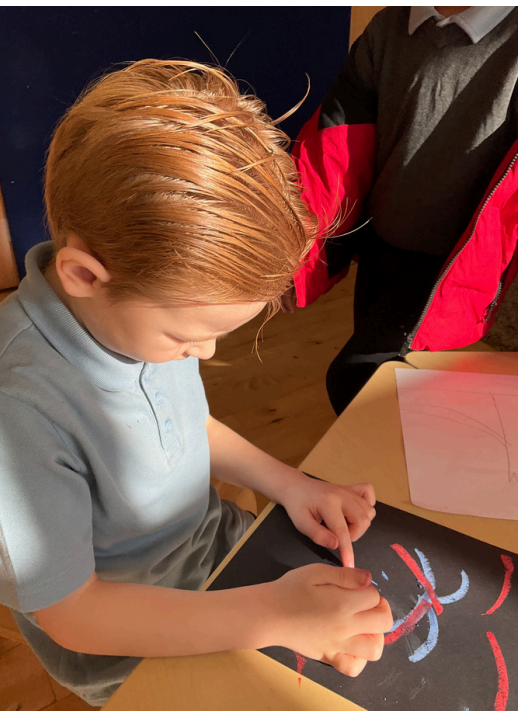


Sunflowers

This week in Sunflowers, we have been learning all about fireworks. The children have enjoyed exploring the bright colours and patterns associated with firework displays and have been busy creating their own colourful firework pictures using a variety of art materials. They showed great creativity and took pride in their fantastic artwork.

Before half term, we held a special Halloween Parent Café and were delighted to welcome so many families into school. Parents and children enjoyed spending time together taking part in a range of fun and spooky craft activities, including creating Halloween-themed decorations and mixing their own magical potions. It was wonderful to see everyone getting involved and sharing in the excitement.

In our cooking session, we made delicious edible sparklers. The children dipped breadsticks into melted chocolate before decorating them with colourful sprinkles to create a sparkly firework effect. Everyone had great fun making their treats and, best of all, enjoyed eating them afterwards. They were a huge hit and very yummy!











Lakenham Primary School

Enjoy, Aspire, Achieve

The Canteen

WEEK 2 MENU

EVERYDAY

Your meal isserved with:

- Unlimited Trips to the Salad Bar
- Bread on request
- Fresh Fruit
- Drink: Water orMilk (on request)

MONDAY

Burrito bowls served with rice and homemade nachos
or
Tomato soup and a cheese toastie
or
Diwali Lunch (9th Nov only)

Dessert: Smoothie

TUESDAY

Chicken or cheese and broccoli gnocchi
or
Jacket potato served with a choice of tuna, cheese or beans

Dessert: Carrot cake

WEDNESDAY

Sticky garlic and soy salmon or vegetable noodles
or
Hummus, roasted vegetable and homemade bread

Dessert: Fruit salad

THURSDAY

Tuna or tomato pasta bake
or
Egg fried rice served with stir fried vegetables

Dessert: Cookies

FRIDAY

Chicken or veggie roast dinner served with all of the trimmings

Dessert: Apple crisp with greek yoghurt



Nursery

Welcome back to our nursery children this week. We hope you have all had a lovely break. This week we have been sharing our half term news and drawing pictures to represent our experiences such as trick or treating! Zoe has been teaching us about Bonfire Night and we have looked at and listened to fireworks and sparklers and talked about how to keep safe with our grown-ups. We used what we had learnt to make our own beautiful firework pictures using paint, forks and glitter. We have been practising using our 'fast eyes' to subitise a number of objects. This means that we can recognise a quantity just by looking at it like the dots on a dice.

Just a reminder that any invoice enquiries of anything do with nursery hours can be discussed with Louise Snailum our School Business Manager via sbm@lakenhamprimary.org.uk.

Hopefully, those of you that ordered individual school photos have received them this week and children will have been sent home with a 'Bookstart' set of resources for you to share with your child at home. Please let us know if you have not yet received one and we will ensure that you get hold of one.

On Tuesday 10th November, we are having a visit from a Biffa Recycling Lorry. Please feel free to bring some clean, dry recycling (no glass please) for your child to add to the wheelie bin to watch being tipped into the lorry.







Friends of Lakenham

HELP NEEDED!

Can you help at our Christmas Fair?

If you're able to help, please email

✉ FOL@lakenhamprimary.org.uk

or give your name to the school office.

Thank you!

TOMBOLA PRIZES NEEDED



Please take donations for tombola prizes to the school office anytime between now and the Christmas Fair.

HAMPER DONATIONS

Non School Uniform Day
Friday 27th November



In exchange for a non-school uniform day on Friday 27th November, we ask families to donate items for Christmas Hampers. The hampers will be available to win by raffle at the Christmas Fair.

JOLLY JARS

Non-School Uniform Day
Friday 4th December



Start saving your jam jars now! Fill them up with pre-wrapped sweets and decorate them how you wish. We can't wait to see them all in exchange for a non-school uniform day on Friday 4th December.

Don't forget to visit the Jolly Jar stall at the Christmas Fair to win a jar to take back home!

Thank you for your support

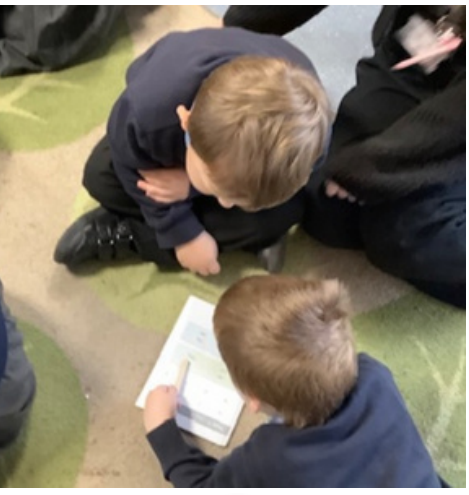
Reception

It has been lovely to welcome everyone back to Reception after half term and hear all about the fun, adventures and special memories the children have made! This week, we have been learning all about Bonfire Night. We shared what we already knew and discovered more about why Bonfire Night is celebrated with fireworks. The children enjoyed sharing their own experiences of Bonfire Night and discussing how we can stay safe during celebrations. Within Drawing Club this week, our focus story was Sparks in the Sky. We began by imagining and drawing a setting that would be perfect for a Bonfire Night celebration. Our four phonemes this week have been h, b, f and ff. We have also been introduced to 'red words'. These are words that cannot be sounded out, so we are learning to recognise and read them by sight. Our two red words this week are 'the' and 'I'. In Maths, we have been developing our understanding of the purpose of counting and practising our 1:1 correspondence skills. At Nature School, we thought about how bonfires and fireworks can affect animals and discussed ways we can help keep them safe and settled during Bonfire Night celebrations. We then used natural resources to create our own miniature 'bonfires' and beautiful firework-inspired artwork.

Reminder: All children who had their book bags with them will be bringing home a reading book today. Please aim to share your child's reading book at home at least three times a week and remember to record each read in their reading record. Reading books will now be changed every Friday, so please ensure your child brings their book bag to school every Wednesday for Library and every Friday for reading book changes. Thank you for your support!











Attendance Awards

A huge well done to all the children who received attendance certificates today. Gold certificates were awarded to those who achieved 100% attendance, silver certificates were awarded to children with attendance of 96% or above during the last half term.
Regular attendance plays a vital role in children's learning, helping them to build confidence, develop friendships and make excellent progress in school. Thank you for supporting good attendance.
Congratulations to all of our certificate winners and keep up the fantastic work!





Year One

There's been a buzz of excitement in Year 1 this week. We returned to find big, muddy footprints in our cosy corners, upturned book baskets and knocked over shelves. What could have made such a mess?! We wrote down our predictions. Some of us thought it may have been a wolf, bear or dinosaur. When we saw the CCTV footage, we were shocked to find out it was a DRAGON!

We got to work building dragon traps, cooking tempting treats for the dragon and acting out what may have happened. Our learning has been alive with imaginative play! In maths, we have been comparing the length and height of objects and some of us noticed the footprints in 1D were longer than the ones in 1E. We started to wonder if there was a family of dragons which led us to think about caves, nests and eggs.

On Wednesday, we enjoyed a magical visit to the River Tas. We spotted seasonal changes, the leaves of the trees changing colour, mushrooms and molehills. Mr Downes treated us to a story about why the trees drop their leaves in autumn and we all joined in with the actions. We were so proud of the Year 1s behaviour. They managed a moment of silent wonder as we watched leaves and seeds slowly spin to the ground and heard the caw of crows. Thank you to all the parents who came with us, we really appreciate your support and hope you can join us next time for our winter walk.

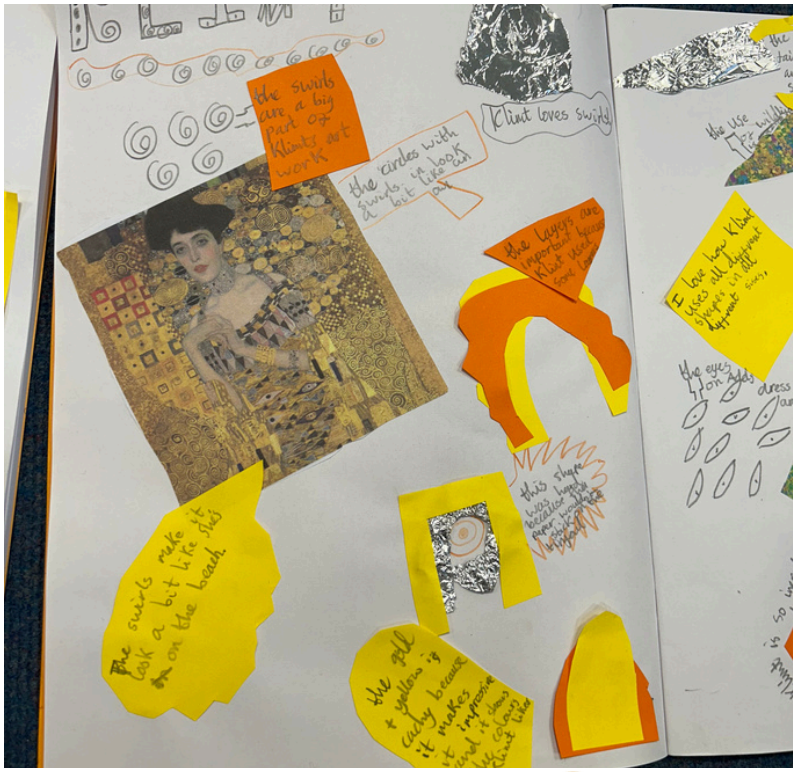
Year Two

It has been wonderful to welcome the children back after the half term break. They have returned full of enthusiasm and ready to learn! In History, we have been developing our writing skills by creating explanation texts about George Stephenson and the impact he had on the world. We were very impressed with the children's use of technical vocabulary and the clear, informative writing they produced. In Maths, we have been using number bonds to 10 (for example, 7 + 3 = 10 and 5 + 5 = 10) to support our addition and subtraction work within 20. Please continue practising number bonds at home, as quick recall of these facts will help to improve your child's mental maths skills. We have continued learning about the countries of the United Kingdom in geography. The children can now discuss the geographical features of England, Scotland and Wales. Next week, we will be exploring Northern Ireland. We are very proud of how hard the children have worked this week and look forward to another exciting week of learning ahead!

Year Three

This week we have been learning about writing speech. This has involved learning new punctuation and synonyms for said. In maths we have brought our learning about measure to an end and enjoyed working out how to convert between M, cm and mm.
We had our first art lesson this week, and it was all about Gustav Klimt. We explored two of his art works in great detail. We made sketchbook pages related to the work where we experimented with ways to recreate the patterns and wrote down our thoughts about the artwork. The children's sketchbooks look great!





At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

ADVERTISEMENTS AIMED AT CHILDREN

WHAT ARE THE RISKS?

Children are particularly vulnerable to the persuasive effects of advertising because of their still-developing critical thinking and impulse control skills. Children are regularly and passively exposed to advertising online, whether through influencers, paid advertisements, or sponsored content. Although 92% of 12–17-year-olds felt confident recognising online advertising, only 37% correctly identified sponsored adverts in search results.

INFLUENCER MARKETING

Influencers are an increasingly prominent part of children's online experiences, with four in ten 3–17 year olds who watch online videos reporting that they watch influencer content as entertainment. Influencers can appear credible, relatable, trustworthy and aspirational. Although seven in ten 12–17 year olds recognised a paid partnership, some believed products were promoted because influencers liked or thought they were 'cool'.

PARENTAL PRESSURE TO PURCHASE

Children's exposure to online advertising can pressure parents to buy products they see advertised. When told no, children may feel upset, treated unfairly or left out when comparing themselves with peers. With children potentially seeing up to 40,000 adverts a year, parents cannot meet every request. This can lead to arguments and put strain on family relationships.

UNREALISTIC EXPECTATIONS

Advertising often focuses on the positive effects of a product, which can create unrealistic expectations among young people. Children may be particularly susceptible to these claims when they do not recognise the persuasive intent behind them. They may be more likely to believe that a cream will 'transform' their skin, clothing will help them fit in, or protein powders will quickly build muscle. Repeated exposure to adverts such as beauty content can normalise unrealistic expectations and create material dissatisfaction or body image concerns.

HARMFUL ADVERTISING

Children can encounter online advertising through games, videos, social media and links, meaning they may see content that is inappropriate for their age. This can include products or messages that influence attitudes towards body image, health or behaviours such as gambling. Repeated exposure to beauty content can normalise adult-oriented beauty routines and psychological pressure.

UNINTENDED PURCHASES

Online advertising can encourage young people to make purchases. Ofcom found that 58% of 8–17 year olds had spent money online, with 27% saying adverts encouraged them to spend and 22% influenced by influencer content. Despite this, a third of the children regretted an in-game purchase, while almost half said they were unclear about what they were buying. This can lead to children spending more than intended or making purchases without fully understanding the cost or product, adding pressure on parents to spend.

LACK OF ADVERTISING TRANSPARENCY

Advertising is not always obvious to children, particularly when influencers promote brands, products or services without clearly stating that it is an advert, or when advertising is embedded within entertaining content and uses positive language. Children may not realise that the adverts are promoting something, making the recommendation seem more trustworthy and more influential.

Advice for Parents & Educators

TEACH CHILDREN HOW TO SPOT ADS

Help children to recognise when content is trying to sell them something. Teach them to look for signs such as '#ad', 'sponsored', 'paid partnership' as well as promo codes or product links attached. Explain to your child that these adverts can be embedded within videos, social media posts, games or influencer posts and are not always obvious to identify. Helping children recognise these advertisements can make them less likely to be influenced by them.

ENSURE PAYMENT DETAILS ARE LOCKED DOWN

Avoid saving your bank card details on children's devices, games or apps wherever possible. This can help reduce the risk of children making accidental or impulsive purchases following seeing an advert. Check the purchasing settings on games and social media accounts and use parental controls or purchase approval settings where possible. Talk to your child about the importance of asking before making a purchase online.

DEVELOP CRITICAL THINKING SKILLS

It is important to encourage children to question what they see online rather than automatically believing it. Encourage them to stop and think before clicking. Have them ask themselves, 'Why am I seeing this?' and 'What are they trying to get me to want/buy?'. Remind them that adverts and influencers only highlight the positive aspects of a product. By developing these skills, children will begin to recognise, question, and respond to manipulative marketing practices.

ENCOURAGE OPEN COMMUNICATION

While it is important to set age restrictions on games and social media, inappropriate adverts can still slip through. Talk regularly with your child about adverts or influencer content they see online. Open communication makes it easier for your child to come to you if they have any questions about products or inappropriate content. It also helps you understand what your child is being exposed to online and where they may need support.

Meet Our Expert

Dr. Claire Sutherland is an education consultant and digital safety expert, with a background in primary teaching. She combines her PhD research in cyberbullying with hands-on experience, delivering impactful digital wellbeing workshops and policies for schools across Australia and now in the UK.



#WakeUpWednesday®

The National College®

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Year Four

What a fantastic first week back!

In Maths, we have started our new topic on times tables, and the children are already making brilliant progress! Any extra practice at home, whether on TTRS or simply counting in times tables, would be greatly appreciated!

The highlight of our week was definitely our trip to Norwich Castle, where we learnt all about the Celts and Romans! The children enjoyed some fantastic acting performances and took part in exciting activities, from dressing up in Roman gear and showing their fiercest fighting faces to handling and exploring Roman and Celtic artefacts. They were incredibly engaged, asked some brilliant questions and represented our school wonderfully. We were so proud of them!

Finally, a huge thank you to our wonderful volunteers who joined us. We really couldn't have done it without you!

Have a lovely weekend!













Year Five

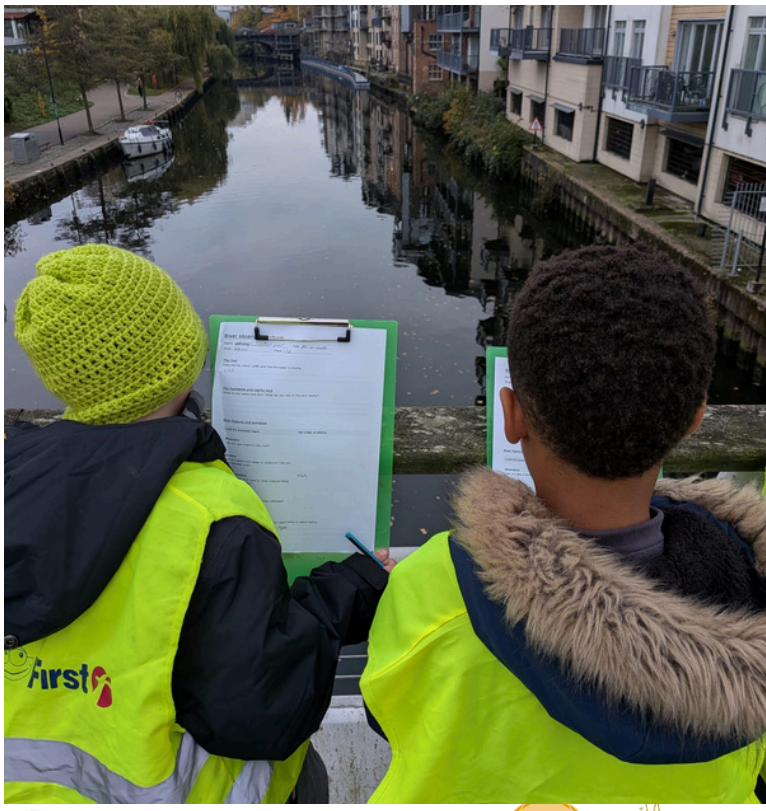
This week, some of our Year 5 children have been enjoying an exciting residential trip to Aylmerton on the beautiful North Norfolk coast. They have packed their days with adventure, exploring Felbrigg Hall, discovering the historic ruins of Baconsthorpe Castle, visiting the wonderful wildlife at Blakeney Point, and putting their teamwork skills to the test with den building, alongside many other exciting activities!

Meanwhile, the Year 5 children who have remained in school have been having just as much fun. They've been busy creating islands in art and they have taken part in two fascinating river study trips, visiting both the River Tas and the River Wensum to investigate local habitats, learn about river environments, and develop their geographical fieldwork skills. It has been a fantastic week of learning and adventure for all of Year 5!









ENGLAND ROCKS

17TH - 19TH NOVEMBER

8AM TO 6PM

PLAY IN ANY GAME TYPE!

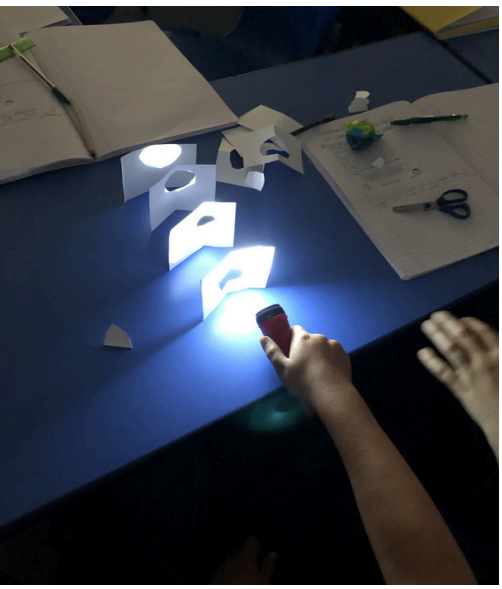
30MIN TIME LIMIT PER PERSON!

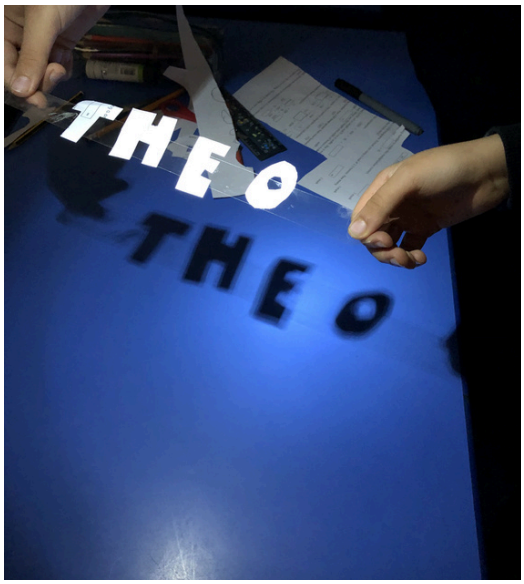
WINNING CLASS WILL HAVE THE HIGHEST NUMBER OF CORRECT ANSWERS PER STUDENT!

TIMES TABLES ROCK STARS

Year Six

Year 6 have had a fantastic first week back at school, full of exciting learning and creativity! In Science, the children kicked off their new topic on light by investigating how it travels. They explored how to block light to create shadows, helping to demonstrate that light travels in straight lines. In English, they've been exploring The Highwayman by creating storyboards to capture the key events before bringing the story to life through dramatic freeze frames, demonstrating fantastic expression and understanding. In Maths, Year 6 have been extending their place value knowledge and developing their understanding of numbers into the millions. The pupils also created blackout poetry in preparation for Remembrance Day next week, producing some thoughtful and meaningful pieces of writing. As part of their learning about Diwali, they explored the story of Rama and Sita before getting creative by making their own Diwali decorations. It has been a wonderful start to the term, and we're looking forward to seeing all that the children achieve in the weeks ahead!













Attendance





Whole School Attendance: 96.8%

Important Information

Please check the timetable below to see when your child/children need to come to school in their PE kits. Please check the weather forecast to ensure they are in weather appropriate clothing.





Click here for the school Facebook

Click here for the online calendar

PE Timetable

Class	Monday	Tuesday	Wednesday	Thursday	Friday
Reception					**PE**
Year One		**PE**		**PE**	
Year Two		**PE**	**Gymnastics**		
Year Three				**PE**	**Swimming (3H)**
Year Four	**PE**		**PE**		
Year Five	**PE**		**Gymnastics**		
Year Six			**PE**		

Upcoming events

Date	Event	Year Group
10th of November	BIFFA visit	Nursery
11th of November	Remembrance Assembly	All and Parents
13th of November	Flu Immunisations	All
24th of November	Community Science Show	All

Upcoming trips

Date	Event	Year Group
16th of November	Castle Trip	Year 3

Lakenham Primary School

Enjoy, Aspire, Achieve

HELP US TO STOCK OUR SCHOOL LARDER

🌟 CAN YOU HELP? 🌟

THE PSA TEAM IS COLLECTING DONATIONS TO HELP SUPPORT FAMILIES WITHIN OUR SCHOOL COMMUNITY

MOST NEEDED FOOD ITEMS:



- *Pasta*
- *Cereal*
- *Tea*
- *Coffee*
- *Sugar*
- *Pasta Sauces*
- *Noodles*
- *Rice*
- *Gravy Granules*
- *Tinned Beans*
- *Tinned Spaghetti*
- *Spaghetti with Sausages*
- *Hot dog sausages*
- *Long-Life Food Items*



Every Donation Makes a Difference - Whether you can donate one item or several, your support helps us ensure that our School Larder remains stocked for families who may need a helping hand.

Please leave donations at the School office.

The Friends of Lakenham

AUTUMN TERM Events

SATURDAY 26 SEPTEMBER



SPONSORED WALK
at Whitlingham Country Park

COMPLETED!

RAISED £1283

FRIDAY 16 OCTOBER



QUIZ NIGHT
in the school hall
6:30pm



COMPLETED!

RAISED £275

FRIDAY 27 NOVEMBER



NON-UNIFORM DAY
We kindly ask for raffle prize donations for the Christmas Fair.



FRIDAY 4 DECEMBER



NON-UNIFORM DAY
We kindly ask for Jolly Jar donations for the Christmas Fair.



FRIDAY 11 DECEMBER



WREATH MAKING
with Mrs Williams



THURSDAY 17 DECEMBER



CHRISTMAS FAIR



Please save the dates!

MORE INFORMATION WILL FOLLOW