

The Canteen

WEEK 1 MENU

EVERYDAY

Your meal is served with:

- Unlimited Trips to the Salad Bar
- Bread on request
- Fresh Fruit
- Drink: Water or Milk (on request)

MONDAY

Slow roasted tomato and
vegetable pasta
or

Jacket potato served with a
choice of cheese, beans or tuna

Dessert: Cookies

TUESDAY

Stir fry salmon or vegetable noodles
or
Homemade soup and bread

Dessert: Fruit salad

WEDNESDAY

Homemade pizza served with wedges
and Chef Nell's slaw
or
DIY vegetable sushi

Dessert: Apple cake

THURSDAY

Sweet and sour chicken or quorn
served with white rice
or
Jacket potato with cheese and beans

Dessert: Greek yoghurt and berry
compote

FRIDAY

Chicken or vegetarian roast dinner
served with all the trimmings

Dessert: Carrot cake

